



## We Need Your Support!

All this and more with your Support

CRA 20061658  
CHY 16858

Happy Christmas to all our Volunteers at home and abroad, to all our Supporters and to all the Vulnerable Children/Youths that we support in 'Our World'! It's been another difficult year due to COVID but thanks to all for their continued support, kindness and compassion.

This Christmas! We are working on your behalf to provide Food to the Vulnerable Children at our projects in Zambia, Nepal, Sri Lanka and Bangladesh.

So when you sit down to your Christmas dinner you should know that others are also happy because of your support to TOUCH Ireland!

We can't do any of this without your support,

## Christmas Newsletter

### TOUCH Ireland Christmas Appeal

#### 'Warm Clothes for Rohingya Refugee Children'

It wasn't our intention to have a Christmas Appeal this year as a result of your continued kindness and generosity throughout the year. We were going to give us all a rest! However today we carried out our Manavata Food Programme in Kathmandu, Nepal supported by you, this time in a refugee Camp for displaced children of Rohingya people.

This afternoon I received these photos and message from Khemraj our Coordinator which encouraged me to make this Appeal. Maybe you might find yourself with a little bit of extra money or were not able help during the year and can now!

#### Message from Khem!

Namaste Seamus, We did Manavata food program for the children of Rohingya one of the refugee camp today 100 packets of egg fried rice were served to these needy children. These are people thrown out from Myanmar and residing illegally in Kapan, Kathmandu. These people don't have papers and can't work legally moreover the children don't have warm clothes to wear in this freezing cold or good meal to eat.

Background to the Rohingya situation: This situation has been declared as ethnic cleansing and genocide by various UN agencies, ICC officials, human rights groups, and governments. The UN described the persecution as "a textbook example of ethnic cleansing".

<https://www.facebook.com/donate/1016625475582301/>



Rohingya refugees came to Nepal for asylum from Rakhine state of Myanmar. The Rohingyas entered Nepal in the 1990s but mainly in 2012. They came via eastern Nepal by crossing Bangladesh and India. They have been settled in Kapan at Kathmandu and various locations in Terai.



Our Fundraiser is to buy Warm Clothes, Jackets and Blankets etc for these very Vulnerable Children to survive the Extremely cold Nepalese Nights! If you can at all help or share our Fundraiser it would be great!

### Donate to TOUCH Ireland

By PayPal on the TOUCH Ireland Website: <http://touchireland.net/>

By Cheque made out to TOUCH Ireland or by Cash

Please send your Donation to TOUCH Ireland,  
17 Monread Meadows, Naas, Co. Kildare

### Mwachilenga, Lusaka, Zambia Community School



### Update to TOUCH Ireland 2021 project Roof is going on the School Block



### TOUCH Ireland Food Programmes

**You are helping save lives during COVID and giving children nutritious meals in school.**

We are dedicated to feeding Vulnerable Children in 'Our World' this Christmas!

This week we start a round of Food Programmes for Vulnerable people and their Children at our projects in, Zambia, Nepal, Sri Lanka and Bangladesh. If we can guarantee a daily meal it will give these boys and girls a chance to get a primary education while offering them hope for a better, brighter future!



Today we carried out another Food Programme in our round of Christmas Food Programmes for Vulnerable people and their Children. This time we provided Food Support for over 200 Children at the Kandongo Community School Funded by TOUCH Ireland.



As can be seen from the photo attached there was great excitement and happiness from all the children knowing that they would have Food this Christmas.

**Sports really can make a difference in the life of a child/youth, especially those who live in poorer societies!**



Above: recent Manavata FP in Nepal  
Right: WHISPER Centre, Zambia



**Over the next week leading up to Christmas we will carry out more Food Programmes on your behalf !**

**Thank you all so much!**

Poverty and rising prices brought on by COVID-19 mean many families can't afford food. These knock-on effects of the pandemic and the climate crisis together are creating a "perfect storm" threatening more droughts and food shortages. TOUCH Ireland is working alongside communities to provide Food Support to children this Christmas.

**TOUCH Ireland Visit to Nepalese Projects  
November 2021**

**Return to Phoenix!**

On our first day we visited the boys in Phoenix House in Kapan district which was built by TOUCH Ireland.



It was great to see them all after 2 years, and it was good to see them looking so well and doing well in school. We bought them football Jerseys and Shorts and other small gifts which they were all happy to get and arranged for our day out together next week. On our second day we took them to the Cinema and after the movie we went for a meal.



**TOUCH House visit today!**



We arrived at TOUCH House to a warm welcome and we were so happy to see all the children and young adults after so long. As always we had presents from our friends at home to distribute which everyone was so happy to receive. The boys were proud and happy with their Football jerseys and Shorts. The next day we went to a Bollywood Movie that was picked out by the older children. It turned out to be a light hearted action movie which for us was not too difficult to follow! At the interval there was drinks and popcorn for all. After the movie we headed to a nearby restaurant for Pizza and Drinks which everyone enjoyed. It was Milan's birthday who was six and one of the youngest children in TOUCH House. We had organised a cake for him and everyone sang Happy Birthday. He was so surprised as he had never celebrated a birthday before! Just to see his face makes everything we all do in TOUCH Ireland worth it.

**Earthquake Children  
Jalbire**

We travelled five hours to meet the Children from Jalbire at a Resort.



It is their special day to treat them as they are all children that suffered as a result of the Earthquake in 2015. They arrived looking excited and were all happy to see us again with smiles all round. After taking child sponsorship photos and reports on their progress in school, it was time for their presents. As you can see from the photos, the boys received Football jerseys and shorts and the girls were treated to cosmetics and clothes. They were all very happy. Lunch was next; by this stage they were very hungry and thirsty. Following some games, dancing and a skipping competition the children were tired but happy with their day. You can be assured they are all doing well with the support and sponsorship from all in TOUCH Ireland.



**RUNAMUCK for TOUCH Ireland '22**

**Are you interested in Getting Fit, Having some Fun and helping Vulnerable Children??**

Then we have the Answer Join the TOUCH Ireland RUNAMUCK Team for this event on the 5th March 2022!

*Just call Hazel for details at 0876767895*

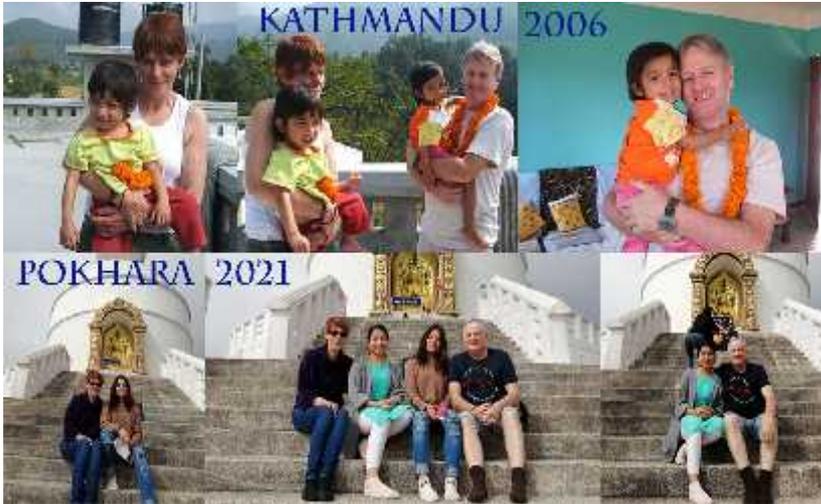
## Visit to Child and Adolescent Mental Health Centre- Khanti Hospital

We visited the Centre with Dinesh Khadka our representative in Nepal. The Centre was part funded by TOUCH Ireland, CWIN Nepal and Forut- Norway. We met with Dr. Arun Kunwar Head Clinical Psychologist, Sumina Tuladhar CEO CWIN and Pooja Shrestha CWIN Nepal. The building was officially opened in January 2021, but unfortunately due to COVID 19 restrictions we could not be there for the day.

The Out- Patient service is up and running and was extremely busy so we were unable to take photos of the Clinics for privacy reasons. Children are coming from all over Nepal for the service as it is the only out-patients service available for children with Mental Health issues. The In-patient unit will be starting over the next couple of months.

***TOUCH Ireland has donated more funding for a Sensory Playground for the children. We look forward to seeing the playground finished in the near future.***

Sabina and Sajina



You may remember last December 2020 we told the story of Sajina and Sabina twin sisters whom we had lost contact with from TOUCH House, Godawari, Kathmandu in 2006 and how we had made contact with them again through some contacts and Social Media.

So we would like to share with you all our meeting with them both in Pokhara, Nepal in November this year during our trip. To say it was an emotional meeting is an understatement; words cannot describe how we all felt. There was a feeling of nervousness and joy all at once.

***As we have made the contact again we will support both girls into the future.***



### Education - A passport to their future!

We met with all our 3rd level students being sponsored by TOUCH Ireland for their education in Nepal. It was great to meet and catch up! We had nice meals together and discussed their futures!

*It was great to meet these young adults that are the future of Nepal and know that TOUCH Ireland with your support is giving them a bright future.*

Newsletter is sponsored by MM Ward Estate Agents, Naas <https://www.mmward.ie/>



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